



800-870-5913

30-HOUR CONSTRUCTION INDUSTRY OSHA OUTREACH TRAINING PROGRAM

www.WorkSafeAZ.com

**A Division of Industrial Safety Training and Compliance, LLC
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This 30-Hour WorkSafeAZ safety course is intended to increase hazard awareness on a variety of construction safety and health topics for Managers, Supervisors, and others who have safety supervision responsibilities. **Of the topics listed below, twelve hours are mandatory and twelve hours must be chosen from the optional topic list provided.** For the remainder of the class, we can focus on any other construction industry hazards or policies and/or expand on the required topics. Instructional time must be at least 30 hours.

The 30-hour program is intended to provide a variety of training to people, along with some safety responsibility, therefore training will emphasize hazard identification, avoidance, control and prevention, **plus** OSHA construction standards.

Upon successful course completion, the student will receive a Department of Labor OSHA Construction 30-hour course completion card.

We offer this in our Three-Day Fast-Trac Format, which does require the student to be present for the entire 30 hours of instruction. We provide working lunches as part of the course fee.

Course Fees: \$295.00 per person including course materials and lunch.

REQUIRED COURSE TOPICS

Introduction to OSHA - at least two hours

- OSH Act, General Duty Clause, Employer and Employee Rights and Responsibilities, Whistleblower Rights, Recordkeeping basics
- Inspections, Citations, and Penalties
- General Safety and Health Provisions, Competent Person, Subpart C
- Value of Safety and Health
- OSHA Website, OSHA 800 number and available resources

OSHA Focus Four Hazards - at least five hours

- Fall Protection, Subpart M (e.g., floors, platforms, roofs)
- Electrical, Subpart K (e.g., overhead power lines, power tools and cords, temporary wiring, grounding)
- Struck by (e.g., falling objects, trucks, cranes, constructing masonry walls)
- Caught in/between (e.g., trench hazards, unguarded machinery, equipment)

Personal Protective and Lifesaving Equipment, Subpart E - at least two hours

Health Hazards in Construction (incl. hazard communication & crystalline silica) - at least two hours

Stairways and Ladders, Subpart X - at least one hour

Choose at least 6 of the following topics - Must add up to at least 12 hours

- STD 3-1.1, "Clarification of Citation Policy Regarding 29 CFR 1926.20, 29 CFR 1926.21 and Related General Safety and Health Provisions"; Safety Programs
- Fire Protection and Prevention, Subpart F
- Materials Handling, Storage, Use and Disposal, Subpart H
- Tools - Hand and Power, Subpart I
- Welding and Cutting, Subpart J
- Scaffolds, Subpart L
- Cranes, Derricks, Hoists, Elevators, and Conveyors, Subpart N
- Motor Vehicles, Mechanized Equipment and Marine Operations; Rollover Protective Structures and Overhead Protection; and Signs, Signals and Barricades, Subparts O, W and G
- Excavations, Subpart P
- Concrete and Masonry Construction, Subpart Q
- Steel Erection, Subpart R
- Confined Space Entry
- Powered Industrial Vehicles
- Ergonomics