



800-870-5913

WAREHOUSE & DISTRIBUTION CENTER FORKLIFT TRAINER CERTIFICATION PROGRAM

www.WorkSafeAZ.com

**A Division of Industrial Safety Training and Compliance, LLC
14175 W. Indian School Rd Suite B4-420, Goodyear AZ 85395**

This WorkSafeAZ 2-day Forklift Trainer course for Warehouse and Distribution Centers is specially designed for the unique equipment found in distribution centers. All candidates receive in-depth Theory Training, Practical Skills Development, and Evaluation Skills, along with techniques for training lift truck operators effectively.

Trainers will receive a customizable *Trainers Resource CD* that has all the materials required to teach operators and to print student workbooks, presentations, forms, OSHA standards, and much more.

Course Duration: 2 days, 8 Hours Each.

Equipment: Sit-Down Counterbalanced, Narrow Aisle and Powered Pallet Trucks. Class 1, 2, 3, 4 and 5.

Course Fees: \$595.00 per person including instructor's manual, resource CD, and lunch.

CONTENT OVERVIEW

Program introduction and overview

- Candidate knowledge assessment.
- Review of all relevant government and industry regulations.

Forklift Theory and Engineering Principals.

- Counterbalanced forklifts theory and practical skills development.
- Narrow aisle forklift theory and practical skills development.
- Powered pallet truck theory and practical skills development.
- Pre shift inspection requirements
- Safe operating practices.
- Employer documentation requirements.
- Proper refueling / battery charging procedures.
- Lift Truck maintenance and modifications.

Instructor Skills Development.

- Developing effective lesson plans that are site, equipment and task specific.
- Proper evaluation techniques.
- Use of available training aids.
- Presentation Skills and techniques.
- Final written exam.

EQUIPMENT OVERVIEW

Class 1: Electric Motor Rider Lift Trucks

- Counterbalanced Ryder, Stand-up.
- Three Wheel Electric Trucks, Sit Down.
- Sit Down Counterbalanced, Cushion Tires.
- Sit Down Counterbalanced, Pneumatic Tires.

Class 2: Electric Motor Narrow Aisle Trucks

- High Lift Straddle.
- Order Picker.
- Reach type outrigger.
- Side Loaders, Turret trucks.

Class 3: Electric Motor Hand or Hand/Rider Trucks

- Low lift platform.
- Low lift walkie pallet.
- Reach type outrigger.
- High lift straddle.
- High lift counterbalanced.
- Low lift walkie / rider pallet.

Class 4: Internal Combustion, Cushion Tire

- Sit-Down Counterbalanced.

Class 5: Internal Combustion, Pneumatic Tires.

- Sit-Down Counterbalanced.